A Plain and Candid Account of the *Natures, Uses* and *Quantities* of ſome Experienced MEDICINES.

Publiſhed to the Intent the Afflicted with Sickneſs may have the Benefit of them.

Truly Prepared by *Charles Marſhall.*

READER;

CONſidering the Variety of Medicines *publiſhed of late Years, with the ſtrange Commendation of them, together with the Obſervations thereon, it was ready to deter me from publiſhing this. But ſeeing the daily Cures, and the frequent Accounts from ſeveral places, not only in this Nation, but alſo from parts beyond the Seas, I was perſwaded and importuned to publiſh this, the Fruit of great Labour, Expence and many Years Experience; deſiring all Perſons that read this, or make uſe of theſe Medicines, to be both careful and conſiderate in both, and the Weak, Pained, Fainty, Wearied, labouring under Diſeaſes will reap the Comfort thereof.*

To publiſh thoſe conſiderable Cures theſe Medicines have effected (through the Bleſſing of the Lord) I have no willingneſs, nor to write much in their Praiſe, knowing the patient prudent Experiencer will have cauſe to ſpeak enough of them.

Spiritus Mundus

IS an Aſterſive Medicine, powerfully cleanſing the *Stomach*, and effectually opening *Obſtructions* of the *Liver* and *Spleen*, and *Miſerick Veins*, and prevalent againſt *Plague*, *Surfeits*, *Feavers* of all ſorts, *Pluriſies* (without Blood-letting) *Dropſies*, *Jaudice*, *Illiack Paſſion* and *Chollick*: It hath been very helpful to many in the *Stone* and *Strangury*; is of great uſe to *Women in Travail*, and alſo after they are delivered. In a word; *againſt Diſeaſes* and in *aſſiſting Nature* this Medicine is Efficacious.

For it greatly helps Women in both conditions, and it is ſafe given when with child.

☞ *The Manner of Using, and Quantities of this true Medicine.*

☞ If the Stomach be ſick after taking the *Spiritus Mundus*, be not diſcouraged, for it is then working on the offending matters, and generally quickly goes off; if it cauſe a Puking or Vomiting, take it again preſently; and if it do ſo again, take it again & again, and in a little time it will get thorow the offending matter & paſs through the ſmall Veſſels cleanſing & comforting.

Mix an Ounce, which is about two ſpoonfuls, in half a Pint, 3 parts of a Pint, or a Pint of *Saſſafraſs*, *Balm*, *Angellico*, *Burrage*, *Black-Cherry Water*, or in want of any of theſe, in pure freſh *Rain Water*, or good *Spring Water*, ſweetned firſt with the beſt *White Sugar*; and being mixt thus, a Man or Woman may take at a time two or three ſpoonfuls; carefully Noting theſe two general Rules;

☞ Firſt, **That every one may mix it ſtronger or ſmaller, as they can take it, and as neceſſity calls for it:**

Secondly, **That the more diſtilled Water is mixed with it, the more ſhould (when mixed) be taken at a time.**

Noting, That in Surfeits of all ſorts, Gripes, Pluriſies, the beginnings of Feavers, Stone and Gout, and ſuch Diſtempers that call for Immediate Relief, it ſhould be mixed pretty ſtrong, and taken often, viz. *Every half Hour* (or oftner) for an Hour, or two, or three Hours together; and then ſtaying three or four hours, take it ſo again; and ſo do for ſome time, until the Diſtemper be in good Meaſure conquered; and after, take it as in old Diſtempers, which is two or three times in a Morning early, in one hours time, or leſs, and then lie an hour or two after it and ſleep, if the Patient can; and again an hour before Dinner, and at five in the Afternoon. *Note*, For Children it muſt be mixed according to their Strength and Age, and as one can get them take it: For Babes in the firſt Moneth againſt Convulſion Fits, mix it in *Black-Cherry-Water* ſweetned, ſo as it only juſt taſte of the Medicine, and give a Pap ſpoonful pretty often, as occaſion requires: Againſt Wind, mix it with on part *Spire-Mint-Water*, and another part *Saſſafrage-Water*. *Noting*, That if Perſons want Reſt, mix it with one part *Poppy-Water*, and another *Saſſafraſs*, or any other Water mentioned, as above directed; and give it ſeveral times in the Night to cauſe ſweet Reſt, which often it performs, and thereby gives great and ſtrong Relief to weak and afflicted People.

☞ *Note*, That in the times of reſting 3 or 4 hours between the taking the *Spiritus Mundus*, any convenient cordial Poſſet, or clean Food, eaſie of Digeſtion, may be taken.

It encreaſeth Appetite to Food, and helps Digeſtion.

☞ *Saſſafraſs-Water* is the moſt general Water I mix the *Spiritus Mundus* in; made thus,

Take ſix or eight Ounces of good *Saſſafraſs-Wood*, with the Rhine on, thinly chipped, put it with a Gallon of *Rain-Water*, or in want thereof, any other good Water, and diſtill off five Pints; if it be twice diſtilled it is the better.

Spiritus

Spiritus Sedativus and United Spirit in one intire Medicine.

THis is a Balsomick *Medicine*, resisting Putrifaction, and strengthning the Stomach, and Nature in general; purifies the Blood, after taking the *Spiritus Mundus*; is helpful against those Distempers before-mentioned; and is very Efficacious in the *Plague*, *Spotted-Feaver*, *Small-Pox* and *Measels*, prevailing against the Malignancy of all such Distempers; effectual against *Coughs*, *Consumptions* and *Weakness*, &c. This *Medicine* is both a Restorative and a Preservative, taken after the use of the *Spiritus Mundus*.

Women with child may take this Medicine safely, not exceeding forty drops in a day.

Its manner of Taking, and Quantities.

If there be occasion of Sweating, as before an Ague, or one taking Cold or great Pain in their Limbs, or on any occasion where Sweating is needful (and relieving) give unto a Man or Woman forty Drops, or half a small Spoonful in a full Spoonful of hot Sack or Cordial-Water, or in want thereof, in hot strong-Beer sweetned, or Mace-Ale, and let the Patient lie still with their Hands on their Stomach, & patiently expect the coming forth of the Sweat; if the Patient be not relieved, & Sweat doth not come, as expected in one Hour, give the same quantity again, especially in the *Plague*, *Spotted-Feaver* or *Small-Pox*, or any *Malignant Feaver*, or great Oppressor on the Heart, &c. And after one hour give some Posset, wherein is boyled *Cardus*, *Marigold-flowers*, *Angellico*, or *Marjorem*, or *Winter-Savory* and *Balm*; minding, that any of these Herbs being boyled in Posset, let the Vessel be close covered; let the length of the time of Sweating be proportioned to the strength of the Patient, and the necessity. *Noting*, That some Persons (as I have seen) the longer they have sweat, the better able to bear it, and have found themselves stronger and stronger; in the time of such sweating, they may often smell to the *Cordial Spirit*, which will not only keep up their Spirits, but helps nature against the Distemper; where Persons do not take it thus to sweat, give it once in six hours for a few days in the Distempers aforesaid, and as afore directed: For *Chronick* or *Old Distempers*, give it every Night, as afore directed. For Children, from one Drop (to the new-born) in some Breast Milk, to

With this Medicine add but a little Clothes more than at another time on the Bed.

☞ The Sack or Mace-Ale being hot put in the Drops, & immediately give it; for otherwise much of the Medicines will be lost: And take care to keep both this and *Spiritus Mundus*, *Cordial Spirit* and *Aqua Rubra* close stopped.

fifteen, twenty or thirty Drops, according to their age, ſtrength and neceſſity. For Coughs give it in *Hyſop-Water* ſweetned well with Sugar-candy. Of which Medicine, more ſhall be ſaid in the *Applications* of the Medicines.

Cordial Spirit.

THis *Medicine* is a great *Cordial*, truly helping and relieving Nature, and both inwardly and outwardly adminiſtred, is of admirable Benefit to *poor fainting drooping Spirits* and *weak Natures*, and a great Reliever and Comforter of *Old Age*, and mightily prevails againſt all *Bruiſings* and *Squats*, whether inward or outward, diſperſing *bruiſed Blood*, inward or outward, and relieves *weak, withered, nummed Members*, which either come from inward Diſtempers, or outward Accidents; its prevalent inward and outward againſt *Pains in the Head*, and Diſeaſes there, *Apoplexes*, *Palſies*, *Megrims*, and againſt *Convulſions*.

Its manner of Taking, and Quantities.

☞ In caſes of great *faintings* or extream *Pains* in the Head or Apoplexes, a little may be poured forth in the Palm of ones hand, and then rubbing both hands together clap both *hands* to the Noſe, that the flavour may aſcend up; this do often, as occaſion cals for it, in caſes of greateſt neceſſity.

Againſt inward Diſeaſes a Man or a Woman may take half a ſpoonful in two or three ſpoonfuls of warm Sack, as a Cordial, or as a ſmall ſpoonful, in two ſpoonfuls of hot ſtrong Beer, ſweetned (or Mace-Ale) it may be taken two or three times a day, as occaſion calls for it. For Children, give it according to their age and ſtrength, in Mace-Ale, or mix it into a Cordial thus, *Mix an Ounce of Poppy-Water, with as much Cowſlip-Water, ſweeten it with Syrup of Cowſlips, then put a little* Cordial Spirit, *as it may taſte of it*; and give Children a Pap-ſpoonful of it two or three times a day, or as occaſion calls for it, againſt Weakneſs, Faintneſs and Convulſions. Outwardly applied, it is of as great uſe as Inwardly, and may be uſed when Cordials cannot be given ſo frequently inwardly, with great Refreſhing and good Succeſs; thus, *Pour forth a Thimbleful into a Spoon, and with a fine Cloth wetting it, and then apply it to the Noſtrils, drawing up the flavour:* This do often in Faintings, Pains of the Head, and the Diſtempers before mentioned, in application of this Medicine. Thus doing long together, I have found ſatisfactory admirable Effects againſt Conuvlſions, great Faintings and dyings away. Againſt Rickets in Children,

☞ Note, That when the chief of the Spirit is gone from the wet Cloth, then rub the Temples with it, and Fore-head, and Cords of the Neck.

weakneſs,

weakneſs, and pained benummed Limbs, warm a full ſpoonful in ſome convenient thing, and chafe it in once or twice a day; and ſo do againſt Bruiſes, and ſuch like, putting on a fine Cloth double, wet in the Medicine, on the part bruiſed, eſpecially if it be in any part of the Head. Uſe it thus, repeating the Uſe of it twice a day, if occaſion require it.

Aqua Rubra

IS a Preſervative Medicine, and is of great Uſe againſt *Feavers*, as well Hectick as others; its good againſt all *Coughs* and *Ptyſicks*, helps the *Stomach*, and ſtirs up *Appetite* to *Food*; very helpful againſt *ſore Mouthes* in Children, and that Diſtemper called the *Thruſh* in Children, and againſt the *Quincy*, & all *ſore Throats*; for it takes away Inflamations.

Its Quantities, and Manner of Taking.

In intermitting Feavers, or Agues and Feavers; when the Feaver and Thirſt comes on, give of this Medicine, from four Drops to forty, or half a Spoonful, in as much Beer as the Medicine may only taſte a little ſharpiſh in: If the Drieth be great, and Feaver burning very much, it may be given every Hour, or half Hour, for three times; againſt continued Feavers two or three times a day; againſt Hectick Feavers, an Hour before Dinner, and at five in the Afternoon; againſt Coughs and Ptyſick, give it mixed in Hyſop Water, in which Liquoriſh hath been infuſed, and ſweetned with Sugar candy; againſt Worms give it faſting in Wormwood-Beer, ſeven Mornings together, and after give ſome Milk and Honey mixt, in which is a little fine Powder of *Rubarb* to bring away the Worms, dead or alive.

A Plaiſter for Worms; Mix Powder of Allows, Joyce of Rue & Wormwood together, boyl them to a Plaiſter, and ſpread on a few drops of Balſom of Sulpar; ſecure the Navil with Cotten. Theſe directions for Worms may be of ſervice to Thouſands, if carefully made uſe of.

The Applications of the Medicines.

And firſt, againſt the Plague, Agues, Feavers *of all ſorts*, Small-Pox *and* Meaſels, Gripes, Pluriſies, *and ſuch like Diſtempers that ſeize ſuddainly many times on People.*

When Perſons are firſt taken, give of *Spiritus Mundus*, following of it cloſe, as it is directed before, concerning the *Spiritus Mundus* in particular;

☞ for Agues every night, & 4 hours and 1 hour before the Fit.

ticular; and then give the *Spiritus Sedativus*, &c. either to ſweat, or every ſix Hours, as is before directed; minding, that if the *Spiritus Mundus* make ſick in Stomach, or War there, and ſo cauſe Puking or Vomiting, ſtop not its motion, but take it again and again, until it paſs clear. Now where Nature inclines to caſt off the Offending Matter by Sweat, there the Medicines will mightily aſſiſt and work that way, and ſometimes very much by Urine, opening and making way through the Veſſels, warming and comforting, which the Patient will ſenſibly feel; if Fainty, then uſe the *Cordial Spirit*, as afore directed; uſe it much to ſmell to, taking up the Flavour in Faintings or Weakneſs, in any of thoſe or ſuch like Diſtempers, as in the Direction of *Cordial Spirit* before. Againſt Drieth in Feavers and Burnings, take the *Aqua Rubra* in Beer, as is afore directed: If Coſtive, uſe opening Meats, as Water Grewel, and ſuch like: If Patients want Reſt, mix the *Spiritus Mundus* with Poppy Water, and give it two or three times in a Night, two Spoonfuls at a time, ſweetned a little, as afore directed.

☞ Theſe Medicines work variouſly; for *ſometimes* 'twill gently vomit; Otherwiſe, if Perſons vomit much, it will effectually ſtop vomiting. And ſo, ſometimes they will ſweat much, ſometimes little.

For Purifying the Blood, Curing the Scurvey, Jaundice, Dropſies, opening Obſtructions, and ſuch like Diſtempers.

Take of the *Spiritus Mundus*, mixed with Saſſafraſs Water, ſweetned a little with Sugar, three times in a Morning, two Spoonfulls at a time, ſtaying a little time between, and two Spoonfuls an Hour before Dinner, and at five in the Afternoon, and going to Bed, as afore directed: This do for ten dayes: Then take of the *Sedativus*, *&c.* mentioned before, forty or fifty Drops, as afore directed, in a full Spoonful of Sack, or Cordial Water, or in want of it, in hot ſtrong Beer ſweetned: This do for forty Nights. If any Faintineſs attend, uſe the *Cordial Spirit*, as afore directed; if any Feaver, the *Aqua Rubra*.

☞ After ten days reſpit the *Mundus* ſhould be taken again in the ſame manner; and then reſt again, & ſo continue as occaſion call for; minding and to forbear it at Nights, when the *Sedativus* is to be given.

Againſt Conſumptions.

Take the *Spiritus Mundus*, mixed with good Saſſafras Water, ſweetned with Sugar-candy, twice in a Morning in Bed, two Spoonfulls a time, lying an Hour or two after it; ſo do forty dayes, taking thirty Drops of *Spiritus Sedativus* in a Spoonful of Syrup of Hyſop, or in Mace-Ale, every Night for forty Nights. Uſe the *Cordial Spirit*, as afore directed; and the *Aqua Rubra* before Dinner, and if Hectick, at five in the afternoon, as directed. If the Patient waſte in Fleſh, I adviſe to Aſſes Milk, and in want of that, Cows Milk (one and the ſame Cows Milk) every morning, the firſt or laſt milking, & quantity which agrees beſt,

beſt, milk it into a ſprig of Spire Mint and a ſprig of Roſemary, one or both, ſweetned with a little Sugar of Roſes, or Pearl Sugar. The Syrup directed in the Margent is proper to take *Sedativus, &c.* in, as directed, thirty or forty drops in a ſpoonful, and is good to take the *Aqua Rubra* in, or *Cordial Spirit*; and with any of theſe is good againſt Coughs and Ptyſicks, and ſtoppings of the Breaſt, and againſt ſhortneſs of Breath.

To make Syrup againſt Conſumptions, take of double diſtilled Hyſop-Water & Sack, of each a Pint, tops of Maiden Hyſop and Thime, half a handful of both, three tops of Horehound, one ounce of Liquoriſh thin ſliced: Infuſe theſe things in a cloſe covered Pipkin 24 hours, then ſtrain it out; to the Liquor add two pound of Sugar-candy in Powder; let it infuſe again 12 hours in a cloſe covered thing; then its done.

Againſt the Gout, Stone *and* Sciatica, *and* Pains *in the* Limbs, *and* Aches.

Take the *Spiritus Mundus*, *Sedativus* and *Cordial Spirit*, as directed afore; minding, in the Fits to anoint the pained places with ſtrong *Spiritus Mundus*, chafing it in with a warm Hand, and apply ſtrong Yeaſt, *alias* Barme, ſpread like a Plaiſter on Colwort Leaves, anointing with *Spiritus Mundus*, and changing the Colwort Leaves, as occaſion requires. Give the *Spiritus Mundus* every half hour in the Fits of the Stone and Chollick, or ſtoppings of Urine, as afore directed; minding to drink good ſtore of Camomile Poſſet, ſweetned with Syrup of Althea; and for Pains in the Limbs take the *Sedativus, &c.* to Sweat, with the Poſſets ordered as aforeſaid, in the Directions for the Uſe of the *Sedativus, &c.* and for weak Limbs, uſe the *Cordial Spirit*, as directed before, in the Directions for taking *Cordial Spirit*.

Thus I have given Plain and Candid Directions for the Uſe of theſe truly ſafe *and* efficacious Medicines. *If it pleaſe* Phyſitians *to make uſe of them throughly in their Practice, they will ſee the Comfortable Effects thereof, to their great ſatisfaction. So having done my Duty to Benefit many with my Experience, I commit it under the Provident Hand of the Almighty to bring forth thoſe Commendable Fruits, with Encreaſe, which they have done in many places, and will, I am ſatisfied (abundantly) as they are known and experienced, &c.*

To be Sold at the places following.

These *Medicines* are to be had at the Authors House at *Tetherton* near *Chippenham*: And at *Nathaniel Harrises*, Apothecary in *Chippenham*, in *Wiltshire*, &c. *Charles Jones* elder, in *Ratliff-street* in *Bristol*. *John Ware* in *Castle-green-street*, near *Newgate* in *Bristol*. *Mary Timbril* in *Cirencester*. *Nathaniel Ocburne* of *Sadbury*. *Jonathan Johnson* at *Haverill* in *Suffolk*. *Robert Silvester* of *Nailsworth*, Mercer, in *Gloucestershire*. *John Cox* in *Gloucester*. *John Hubbard*, Grocer, in *Stoak* near *Lyn*, in *Norfolk*. And the Widdow *Shewell* in *Colchester*. And divers others in the Countries may be put in by the Dispolers themselves.

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